

REFORM
SOCIAL & GRILL
MARYLEBONE, LONDON



RETOX &
DETOX DRINKS

BENEFITS OF DETOX

Pineapple

Boosts immunity, aids digestion, treats coughs and colds

Avocado

Improves vision, treats arthritis, antioxidant properties

Basil

Anti-inflammatory qualities, fights the effects of aging, antibacterial

Orange

Helps prevent cancer, good for the skin, prevents heart disease

Coconut Water

Heart tonic, treats headaches, relieves hangovers

Turmeric

Improves memory, prevents Alzheimer's disease, benefits against depression

Ginger

Reduces muscle pain, treats chronic indigestion, may lower cholesterol levels

Cucumber

Antioxidant properties, promotes hydration, reduces blood sugar

Carrot

Prevents heart diseases, improves vision, controls diabetes

Apple

Reduces weakness, prevents Parkinson's disease, treats respiratory issues

Cinnamon

Fights infections & viruses, helps fight diabetes, high source of antioxidants

Cloves

Improves liver health, promotes bone health, reduces stomach ulcers

Mint

Improves brain function, treats asthma, prevents memory loss

Celery

Detoxifies the body, reduces blood pressure, boosts immune system

Rosemary

Boosts memory, reduces stress, stimulates blood flow

Green Tea

Increases fat burning & improves physical performance, improves brain power

Raspberry

Reduces wrinkles, relieves nausea during pregnancy, prevents infections & cancer



RETOX & DETOX

Power Up Smoothie

Detox: *Pineapple Juice, Cucumber, Avocado & Basil*

Retox: *with Żubrówka Vodka & Basil Liqueur*

Brain Boost

Detox: *Orange Juice, Turmeric Coconut Water,
Carrot, Turmeric, Agave Syrup & Ginger*

Retox: *with Kettle One Vodka & Cointreau*

Liver Clever

Detox: *Apple Juice, Peppermint Tea, Lime,
Cinnamon, Cloves, Agave Syrup & Mint*

Retox: *with Caorunn Gin & Apple Liqueur*

Kickstarter

Detox: *Apple Juice, Cucumber, Celery,
Rosemary & Lemon*

Retox: *with Hendricks's Gin*

D'tox Mojito

Detox: *Ginger & Lemongrass Coconut Water,
Mint, Ginger & Lemongrass Cordial & Lime*

Retox: *with Rum Pampero Blanco*

Vitality Juice

Detox: *Pineapple Juice, Green Tea, Raspberries,
Honey Syrup & Lime*

Retox: *with Beefeater Gin, Green Tea
& Hibiscus Liqueur*

DETOX £9.50

RETOX £14.00



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Food Allergies & Intolerances

Should you have concerns about a food allergy or intolerance
please speak to our staff before you order your food or drink

for the facts drinkaware.co.uk

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